



RELAY NEWS

Newsletter for Hamilton Relay For Life 2010
February 11 2010

RELAY FOR LIFE HAMILTON
6-7 MARCH 2010
Ruakura Research Centre
East Street, Hamilton

ORDERS & REGISTRATIONS CLOSE SOON!
Make sure you get T-shirt order and activity forms in by this Monday, February 15.

Team registrations also need to be in by Monday. If you know someone interested in registering a team please direct them to www.relayforlife.org.nz.

NEW MERCHANDISE AVAILABLE AT RELAY



Wristband keyring \$5
Perfect to use while walking or swimming.



Pens \$2
Great for everyday use



Brooch \$3
Help show your support for Relay

SURVIVORS' LAP

Please let anyone you know who has had a cancer diagnosis about the Survivors' Lap. This is our chance to celebrate their journey and courage. Please contact Catriona for a registration form if required.

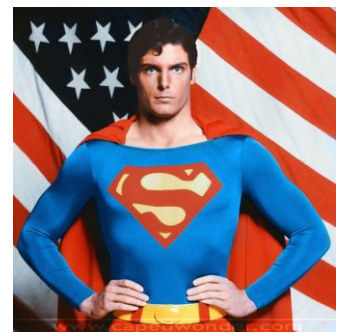
THEME LAPS

Theme laps are back again this year, with seven throughout the event:

Mardi Gras/Tight and Bright
Sixties Flower Power
Rockstars and Superheroes
Toga Party
Conga Line
Safari
Uniforms



Start organising your costumes NOW as there will be some fun prizes for the best dressed! Times will be published in the programme.



Celebrate, Remember, Fight Back!

MANY HANDS MAKE LIGHT WORK

Relay For Life is a volunteer-driven event and benefits from a diverse range of volunteers.

We need people on Friday March 5 to help set up the site and Sunday March 7 to help pack down. If you have good logistical skills and are handy with a hammer we want to hear from you!

We are always looking for people to join our committees and sub-committees for future events. Contact Catriona or more information.

HEALTHY ISLAND

Get your passport to health at this year's Healthy Island!

Health promoting organisations, including the Cancer Society, NZ Blood, Waikato Occupational Health and the Heart Foundation will be promoting healthy lifestyles through information, activities and competitions.



You'll find your Passport to Health in your team packs (which are available at the final team captain meeting), do the treasure hunt, answer the questions, and go in the draw to win a great prize. Everyone who participates gets fresh fruit and a bag of assorted nuts.

ENTERTAINMENT

New acts and returning favourites from 2009 will be onstage throughout the event to keep your team entertained and spirits high.

Highlights will include live bands, cultural groups, Zumba and dance performances. Combined with theme laps and individual team activities, the fun will be non-stop!

TEAM DROP-OFF TIMES

A drop-off schedule is available. This ensures teams all have their chance to set up their sites. Come into the office or email Catriona with your preferred time. The schedule will also be available at the final team captains meeting.

Motorbikes and trailers will be available to assist teams with transporting their gear from the designated drop-off point to the tent site.

Times available:

Friday March 5: 12pm-5:30pm

Saturday March 6: 8am- 12:45 pm

TEAM NAMES

Please advise us of your confirmed team name if you haven't already – we need these to print in the final event programme.

DATES TO REMEMBER

Last day for t-shirt and activity forms –
Monday February 15

Return these to Catriona at the office.

You MUST return this form if you want Relay For Life t-shirts or activities at the event to be publicised.

Team registrations close –
Monday February 15

New teams can register at www.relayforlife.org.nz

Team captain meeting and banking night –
Thursday, February 25, 5:30pm

Cancer Society Hamilton Office

Cnr Grey and Beale Sts, Hamilton East

YOUR KEY CONTACT FOR ANY QUESTIONS ABOUT RELAY

Catriona Findlay, Events Coordinator

Ph: 07 838 2027

E: catrionafindlay@cancersociety.org.nz

Celebrate, Remember, Fight Back!