



**Cancer Society**

# **Relay For Life**

## **Adopt-a-Survivor**

The power of Relay is that it allows a community to grieve for those lost to cancer and to celebrate the lives of those who have survived. It is estimated that approximately 3% of our population are cancer survivors and having survivors involved with Relay is very important as it brings Hope. Often a survivor may come and walk the opening lap, stay for the lunch and then go home. They are missing the whole feeling of a Relay from a team's point of view.

We would like to encourage teams involved with the event to adopt one, two, or even three survivors for the event so survivors can have a richer Relay experience. They may already be part of your team, or may like to join. Or they may just want to hang out with your team during the event. Hanging out with a team will allow survivors to participate in more of Relay and be around other survivors. For the newly diagnosed, Relay is a healing experience that offers a chance to meet others who have claimed victory over cancer. The opportunity to walk and talk with other survivors gives tremendous strength.

You can also dedicate your team's involvement in Relay to a survivor to give the event more meaning and significance for your team. You will need to seek the survivor's permission to do this however.

If you don't know any cancer survivors and would like to be matched with someone contact the Taranaki Centre on 06 757 3006 or email [relay@taranakicancersociety.org.nz](mailto:relay@taranakicancersociety.org.nz) and we find someone for you.

***Please help us to ensure that there are no cancer survivors in our community who have not been invited to take part in Relay for Life!***